"Through Seasons of the Hearth" by John Powell is a wonderful book for daily reflections. He focuses on the down to earth, everyday struggles we each face in our own lives. In it he writes, "There's an old Christian tradition that, God sends each person into this world with a special message to deliver, a special song to sing for others, a special act of love to bestow.

"No one else can speak my message, can sing my song, or offer my act of love. This is my responsibility, this is entrusted to me."

Those words bring us right to Jesus standing in the synagogue in today's Gospel. He speaks to the possessed man "Quiet, Come out of him!"

St. John Henry Newman who was canonized recently wrote these words which deeply impress me; "God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have my mission."

We hear of Jesus and His Mission in today's Gospel. I too have my mission in life. Is it possible to find it, know it, discover it?

Frequently it is right there in front of us – your marriage, your spouse, your children. So often it's your vocation in life, your care of a sick relative, of homeless people, care of your children, etc., etc.

How can I be sure. Start with prayer, search your heart. Be courageous. Remember God has a purpose, a calling for you. There are people who will listen to you – help you discern.